

## Rockets Online Campus Recommended Student Daily Schedules

### Recommended Kindergarten Online Schedule

8:00-9:00: Wake up and eat breakfast.  
9:00-10:30: Log in to the ROC attendance, complete Language Arts, and attend the Morning Meeting.  
10:30-11:30: Complete the assignments for Math.  
11:30-12:30: Lunch and movement break (walk and stretch).  
12:30-2:00: Complete the remainder of your Math, Reading, and Language Arts assignments that you did not finish in the morning.

### Recommended 1<sup>st</sup> and 2<sup>nd</sup> Grade Online Schedule

8:00-9:00: Wake up and eat breakfast.  
9:00-10:30: Log in to the ROC attendance, complete assignments in Reading and attend the Morning Meeting.  
10:30-12:00: Complete the assignments for Math and Language Arts.  
12:00-1:00: Lunch and movement break (walk and stretch).  
1:00-2:00: Complete the remainder of your Math, Reading, and Language Arts assignments that you did not finish in the morning.

### Recommended 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Grade Online Schedule

8:00-9:00: Wake up and eat breakfast.  
9:00-11:00: Log in to ROC attendance, complete Language Arts, and attend the Check in and Chat.  
11:00-12:00: Complete the Math Assignments.  
12:00-1:00: Lunch and Movement break (walk, stretch).  
1:00-2:00: Complete Reading Assignments.  
2:00-2:30: Movement break.  
2:30-3:30: Complete Science/Social Studies Assignments.

### Recommended Sixth 6th Grade Online Schedule

8:00-9:00: Wake up and eat breakfast.  
9:00-11:30: Log in to ROC attendance, complete Language Arts and Reading assignments, and attend the Check in and Chat.  
11:30-12:30: Complete Math assignments.  
12:30-1:30: Lunch and movement break.  
1:30-3:30: Complete Science and Social Studies assignments.

### Recommended 7<sup>th</sup> through 12<sup>th</sup> Grade Online Schedule

8:00- 9:00: Wake up and eat breakfast.  
9:00-9:45: Log in to your Chromebook and complete the attendance form and set a timer for 45 minutes - work on Math.  
9:45-10:30: Set a timer for 45 minutes - work on English.  
10:30- 11:15- Set a timer for 45 minutes - work on Science.  
11:15-12:00: Lunch- Set a timer for 45 minutes.  
12-12:45- Set a timer for 45 minutes - work on Social Studies.  
12:45-1:30: Set a timer for 45 minutes - work on PE.  
1:30-2:15: Set a timer for 45 minutes - work on an Elective.  
2:15-3:00: Set a timer for 45 minutes - work on an Elective.